

Student Health and Wellbeing Plan 2023 - 2024

Links to Lathlain Primary School Business Plan 2021 - 2024:

Improvement Driver: Social and Emotional Wellbeing

Focus Areas:

- **Supporting Students**
- **Catering for individual needs** (through Students At Educational Risk and Accelerated Learning Program)
- **Inclusion** (Cultural Awareness)
- **Student Voice** (Annual Student Survey)
- **Providing a voice for all**
- **Targeted Social/Emotional Wellbeing Programs**
- **Planning for Improvement**
- **Using Data to inform practice and strengthen Decision Making** – (Targeted planning identified through data)
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Shared Values - C.A.R.E

Support students through the use of Lathlain's C.A.R.E focus by teaching and acknowledging the following values.

Community – Be Caring, Be Safe

Attitude – Be Positive, Be Resilient

Respect – Be Inclusive, Be Kind

Excellence – Be Your Best, Be Responsible

Long Term Aim: To promote positive health and wellbeing of students at Lathlain Primary School.

Objectives	Strategies	Resourcing	Who	Timeline
<ul style="list-style-type: none"> • To provide the students in Kindy to Year 6 with a voice on how they are feeling and coping at school. 	<ul style="list-style-type: none"> • Implement the student survey. • Develop an age-appropriate survey for Kindy students 	Ipads QR codes	Teachers Deputy Principal	Annually Terms 2 & 4
<ul style="list-style-type: none"> • The staff to rigorously analyse and determine focal areas the survey data. 	<ul style="list-style-type: none"> • Identify positives for celebration and areas of weakness for improvement. 	Access to the data Microsoft Form of focus questions	Admin Staff Be You Team	Term 2 & 4 annually

	<ul style="list-style-type: none"> Track improvement through the percentages, cohort and longitudinal data. 			
<ul style="list-style-type: none"> To build the capacity of staff to manage the emotional regulation and friendships. 	<ul style="list-style-type: none"> Co-regulation from staff to students. Building positive connections between staff and students. Provide professional learning eg resilience, size of problem, growth mindset. Modelling of cooperative learning strategies through staff meeting structures. 	<p>Prompt cards for co-regulation Posters – Size of problem Diane Alber Poster & Books \$9251</p>	Be You Team	End of 2023
<ul style="list-style-type: none"> To teach improved social skills of students. 	<ul style="list-style-type: none"> Utilising cooperative learning strategies with built-in social skills. Teach social skills through games. Use restorative Practise when engaging with student conflict. The Wellbeing show 	<p>Barrie Bennett Books NIL cost ebook Hidden rules with Friends \$58 Go Fish: Hooked on Friendship \$45 Communicate Junior Game \$104 Go Fish: Catch and Release Your Anger \$36 School Paces Game \$99</p>	Be You Team	Ongoing
<ul style="list-style-type: none"> To improve student resiliency. 	<ul style="list-style-type: none"> Explicitly teach resiliency skills. Developing emotional intelligence and learning about the impact of their choices (Year 4-6) Access to a school based Chaplain to support the focal areas in the school eg friendships, social skills, resiliency Relocate Chaplain to admin block to improve communication. 	<p>Wellbeing Show, Positive Education Program(PEP) Educational Incursions \$7 per student 660 x \$7 = \$4 620</p> <p>School Programs Bully Zero “Thrive” Year 4-6 “New Beginnings” Year 6</p>	Admin Chaplain 2 days per week	<p>Ongoing Move office before 2024</p> <p>2024 Incursion for Health & Wellbeing Week</p>

		“Understanding Bullying” PP-Year 6 \$780 per session per 100 students		
<ul style="list-style-type: none"> To provide students with the tool for understanding cyberbullying. 	<ul style="list-style-type: none"> Explicitly teach what cyberbullying is and learn strategies for protecting themselves online via Bully Zero “SafetyNet” (Year 2 – 6). 	School Programs Bully Zero “Safety Net” Years 2-6 \$980 per session of 100 students		2024
<ul style="list-style-type: none"> To provide support to students in the playground during break times. 	<ul style="list-style-type: none"> Teach the use of the Buddy Bench 	Purchase 4 yellow Benches	Admin Health Specialist K/PP/Y1 teachers	Purchase 2023 Kindy Pre-Primary Year 1 Year 2-6
<ul style="list-style-type: none"> To improve opportunities for students to engage, through regular meetings. 	<ul style="list-style-type: none"> Establish a Student Council from Year 3-6 Meet 1-2 times per term Set a selection process and guidelines 		Be You Team	Commencing in 2024
<ul style="list-style-type: none"> 	<ul style="list-style-type: none"> Introduce a PowerPoint at the start of each term that introduces the social and Emotional Learning focus Reinforce focus through games and activities 	Powerpoint	Be You Team Class Teachers	Commencing 2024
<ul style="list-style-type: none"> 	<ul style="list-style-type: none"> 			