

FROM THE PRINCIPAL

Kaya / Welcome to the latest edition of School News. We have now entered the Noongar season of Makuru. The coldest and wettest time of the year, Makuru was traditionally the time that Noongar people moved back inland and away from the coast. Winds turn to the west and south bringing rain and occasional snow on the peaks of the Stirling and Porongurup Ranges.

During this season, waterways and catchments begin to fill and Noongar people change their diet from eating food from the sea and lakes to hunting grazing animals such as the kangaroo (Yongar). The Yongar not only provided a food source but also Bookas, which are animal skin cloaks used as nights became much colder. Bones and sinews were also used from the Yongar for spear making and manufacturing of a Booka.

FIRST NATIONS MURAL PROJECT UPDATE

The student contribution to this project has now happened. It was wonderful to see students from Years 1 through 6 engaging enthusiastically with this project. We now just have our artist Kevin Bynders to add the final touches to the mural before it get installed, hopefully in Week 9. This project formed an integral part of our work towards NAIDOC 2023 and will be a permanent reminder of our connection to culture. We all look forward to seeing the mural in place on the Arts Block.

EXTENSION TO UNDERCOVER AREA

The extension to the undercover area was mostly completed over the long weekend. We are now waiting on a small section of flashing to go between the

undercover area roof and the new structure. This has already been very useful for our students with pick-up on wet days this week.

PARENT HELPERS IN CLASSROOMS

I want to take this opportunity to thank the many parent helpers I have seen around the school over the course of this term. Having parents in classrooms is a great partnership and one which benefits children greatly. It is important to remember that when volunteering for parent help, it is not an opportunity to have a teacher meeting or to critique what you observe. I look forward to seeing more parents in and around classrooms over the remainder of the school year.

SEMESTER ONE REPORTS

These will be made available via an emailed link in the last week of this term. Please make sure you access and download a copy of the report as the link is only active for a couple of weeks.

ILLNESS

We still seem to have a number of illnesses circulating through the school community. Between students, staff and parents many people seem to be suffering from one of the many bugs. If your child is unwell please keep them at home so that we can try to break this cycle.

Have a great fortnight everyone!

Rick Walters

UPCOMING EVENTS / IMPORTANT DATES

Monday 12 June	P & C Meeting 7pm	Thursday 22 June	Winter Carnival
Tuesday 13 June	Senior Assembly Room 12	Friday 23 June	Newsletter
Thursday 15 June	Be You Meeting 5pm	Monday 26 June	Reports emailed
Tuesday 20 June	Junior Assembly Room 8	Tuesday 27 June	NAIDOC Assembly

How to support your child if they catastrophise... Resources for parents

'It was the worst recess ever!'

'I hate them. I'm not their friend any more.'

'I can't find my book. I'm going to get in SOOO much trouble.'

Catastrophising is when we treat a small problems like it's a really big deal. It's a way of thinking that increases anxiety, worry or stress and can cause a big emotional response. A common issue in schools, it is something that staff commonly work through with students. In Health, Miss Robinson teaches students to consider the size of their reaction compared to the size of the problem.

For primary school aged children, it is important that they are supported in understanding their response to situations and learning to evaluate and change their thinking when it's needed. As adults, modelling the behaviour we want to see and using strategies helps children learn to do this.



<https://www.youtube.com/watch?v=TILFrM7n-c&t=11s>

[insights_when_kids_catastrophise.pdf](#)
(beaups.vic.edu.au)

This flyer by Australian parenting expert, Michael Grose, gives insights into the thinking processes that kids might be showing and strategies that parents can use to support their child.



[Online parenting course - help kids overcome anxiety | Triple P \(triplep-parenting.net.au\)](#)

The Fear-Less Triple P Program is part of the free Triple P – Positive Parenting Program which is now available online. Fear-Less isn't about eliminating fear altogether — sometimes, fear protects us. Instead, it's about giving your family a toolbox of strategies, skills, and knowledge to manage anxious feelings and stop unnecessary worrying. Fear-Less Triple P is based on extensive research with families of anxious children by clinical psychologists. It can work for you too — and now it's online!



CELEBRATING STUDENTS

Room	Honour Certificate Winner	Room	Honour Certificate Winner
2	Lola W	8	Suneeta F Ciara L
3	Patrick D Brendan L	9	Frankie M Kaison S
4	Abby H Mia H	10	Tiago B Elsie D
5	Parker B Augusta K	21	David P Griffin K
6	Lara G Charlie R	22	Marco C Chelsea M
7	William B Rosalie T	23	Ayala A Conor M

Edu-Dance Term 3 - Pre-primary to Year 6:

Our students have an opportunity to engage in an energetic dance program during Term 3. This program fulfils the requirements of the WA Curriculum of The Arts for Dance for students. Each class has a 30 minute session once per week for 9 weeks.

The total cost to students this year is \$38.00 (this will cover all of the nine sessions), however if you have received a text message regarding a reduced cost due to previous credit, please only pay the amount advised.

Follow the link below to complete the permission form. Payment and form are required by Friday 21 July.

<https://lathlainps.wa.edu.au/event/edu-dance-commences/>

STEM Club Semester Two Applications Open:

Students in Year 5 and Year 6 are able to complete an application to join us for STEM Club after-school club. They will be provided with an opportunity to complete the form at school. This year STEM Club will be held on Thursdays from 3pm to 4pm.

Due to a high demand, we are limiting invitations to Year 5 and Year 6 students only with a cap of 30 students. Successful applicants must be enthusiastic about learning, interested in coding and various tinkering software, able to attend weekly sessions, well-behaved and able to work independently and collaboratively.

STEM Club will include CoSpaces VR creation, 3D design and printing, LEGO robotics, computer programming and more.

Form to be completed by Thursday 22 June. Successful applicants will be notified via SeeSaw and Teams notification in Week 1 of Term 3 or prior.

<https://forms.office.com/r/KVdg5Y58qn>

Helpful information for online activity:



Bebras Computational Challenge Round 1:

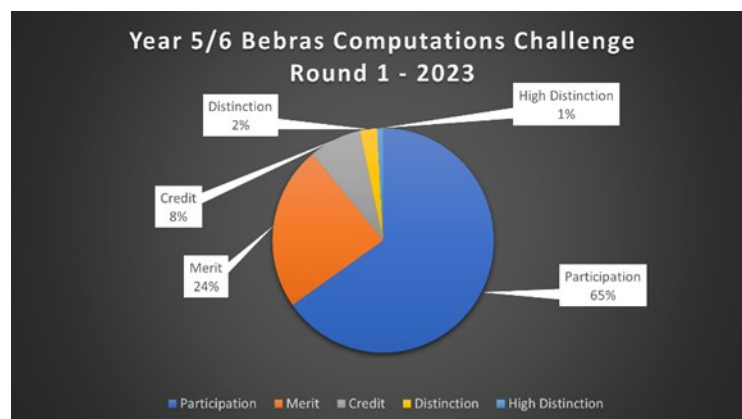
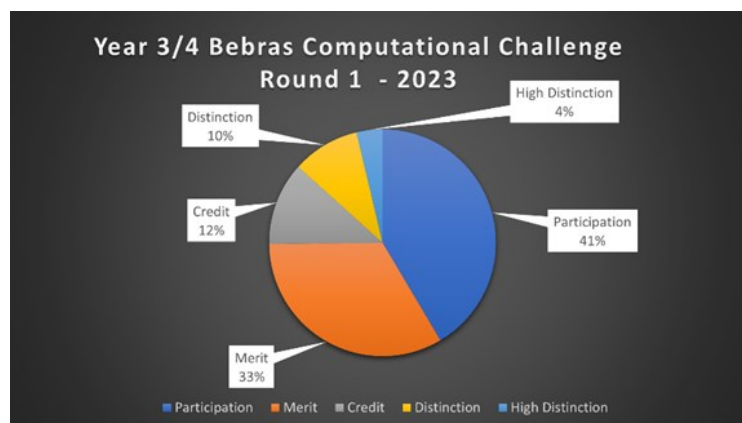
Bebras is an international initiative aiming to promote Computer Science among school students at all ages. The Bebras challenge engages students' computational thinking and problem-solving skills in a fun, interactive environment. Each challenge has 15 questions with the highest possible score being 135 points. The level of difficulty of a question determines how it will be scored. Easy questions are worth 6 points, medium questions are worth 9 points, and hard questions are worth 12 points. Any incorrect or unanswered questions are awarded zero points.

The Bebras achievement level breakdown is as follows:

- Participation 0-59 points
- Merit 60-86 points
- Credit 87-101 points
- Distinction 102-113 points
- High Distinction 114-134 points
- Honour Roll 135 points

Participating students receive a certificate with their achievement. Congratulations for the following students who achieved High Distinction.

Carter B	Year 4
Naieh N	Year 4
Leon S	Year 4
Cathyna H	Year 4
Logan T	Year 4
Elling S	Year 6



Note: Due to duplication of graphs in the last newsletter, this page has been included again, with correction.

CELEBRATING ROOM 4

This semester, Room 4 has been learning about the design process and food and fibre in Design Technologies. This term, we planned, designed, created and then evaluated healthy sandwiches! Each of us considered what ingredients our healthy sandwich would need, our personal preferences about what we like to eat and any important dietary considerations. We enjoyed tasting our sandwiches by having a picnic under the trees in the playground!



JUNIOR SQUASH

Junior Squash Program every Wednesday afternoon
4:30 - 6pm during the school term.

FIRST SESSION FREE

Fully supervised, with court hire and coaching for \$9 per session, or \$90 per term. Kidsport registered. Wear sneakers and bring a water bottle.

Contact Katy: 0438 804 511

BELMONTsquashclub@gmail.com

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