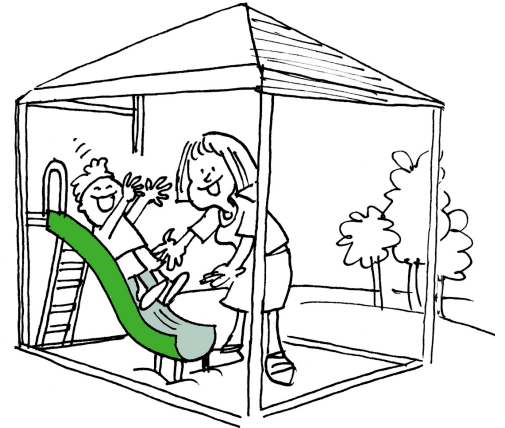




# Playing with your child

**Play** helps children's **social skills, movement, thinking and language**. It also helps children grow and be healthy.

- **Find**  
any opportunity to play with your child throughout the day.
- **Look**  
at what your child is interested in and join them. Sometimes give them choices to help them play.
- **Wait**  
for your child to lead the play and respond. You could join in, copy their actions or talk about what they are doing.
- **Talk**  
about what your child is looking at or doing. 'You're in the box... Pop!' 'Brrm brrm, go car!'
- **Take turns**  
Copy what your child does and wait for them to do some more. Sometimes you could show them a new idea for play.
- **Have fun**  
Be your child's playmate. Get down to their level. Join in and help them learn. It's OK to play the same activity again and again if you are all having fun.
- **Use**  
everyday moments and things: your face, bath time, running and chasing, getting dressed and dressing up, climbing in boxes, banging pans and drumming with spoons.



## Find out more

**For more information on play, learning, and a range of other topics, visit:**

- [www.healthywa.wa.gov.au](http://www.healthywa.wa.gov.au)
- [www.raisingchildren.net.au](http://www.raisingchildren.net.au)
- [www.bringingupgreatkids.org](http://www.bringingupgreatkids.org)



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