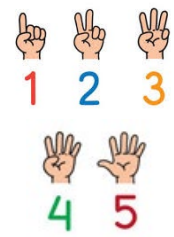
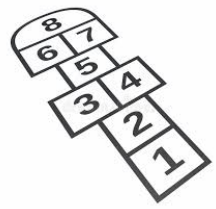
K3 Stars
January 2022
One month of fun things to do before you come to Kindy.
Pick any item to do on any day.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BEST EVER NO-COOK PLAY DOUGH RECIPE **Ingredients**: 2 cups plain flour 1/2 cup salt food colouring (optional) 2 tablespoons vegetable oil (baby oil and coconut oil work too) 2 tablespoons cream of tartar 1.5 to 2 cups boiling water (adding in increments until it feels right) few drops glycerine (my secret ingredient for stretch and shine!) **Method** Mix the flour, salt, cream of tartar and oil in a large mixing bowl. Add food colouring to the boiling water then into the dry ingredients. Stir continuously until it becomes a sticky, combined dough. Add the glycerine (optional). Allow it to cool down then take it out of the bowl and knead it vigorously for a couple of minutes until all of the stickiness has gone. * This is the most important part of the process, so keep at it until it's the perfect consistency!* If it remains a little sticky then add a touch more flour until just right						1 Think of a number from 1- 5 and have your family guess it. Then try to guess their number. 
2 Go to the park with your family, have fun climbing, running and swinging. 	3 Curl up with someone special and read a good book with them! Talk about your favourite part! 	4 Use the toilet all by yourself, including wiping your bottom. 	5 Use your scissors to trim the grass in your back yard. 	6 Pack away your toys. Make up a pack away song or find a fun way to put things away. 	7 Think of a colour. Find something with that colour! Play "I SPY" with your family. You go first. 	8 Draw hopscotch outside with chalk. Play together as a family! It's fun! 
9 Use water and a paintbrush to paint shapes and pictures on a fence or path. 	10 Go for a walk and hunt for shapes. How many shapes can you see around your neighbourhood? 	11 Sort your favourite toys by colours and count them. Which colour do you have the most? 	12 Have your family's names on pieces of paper. Mix them up and find your name among all the names. 	13 Use your scissors to cut your name into individual letters. Mix them up and try and put them back together. 	14 Have a balance on one foot challenge. How long can you balance? Practice and improve your personal best. 	15 Visit the Town of Victoria Park Library and borrow a book or puzzle.
16 Sing all the Nursery Rhymes you know. 	17 Practice blowing your nose all by yourself. 	18 Check that you can find your name on your drink bottle, lunch box and school bag. 	19 Use your scissors to cut out pictures and shapes from old magazines. 	20 Practice putting on your uniform, socks and shoes all by yourself. 	21 Make or buy playdough and use your hands and fingers to squeeze, pinch, roll and flatten it. 	22 Play a board game with your family! Cheer each other on! Enjoy the giggles and working together!
23 Practice washing your hands with soap. https://www.youtube.com/watch?v=CUxSovqQOvU 	24 Count all the people in your family. Draw a picture of them on the page provided and bring it to Kindy. 	25 Come to Kindy, see your classroom and meet Mrs Rose and Miss Smith. 	26 Australia Day 	27 Make up a story to match the pictures in a book. 	28 Practice packing your school bag with your drink bottle, lunch box and folder. Can you open and shut the zipper? 	29 Get your spare clothes ready in a plastic bag into your school bag. 30 Get a good night sleep, see you at school tomorrow!