



TERM 2

WEEK 3

7 MAY 2021

Dear Parents and Caregivers

Welcome to our Week Three newsletter for Term 2. I really can't believe that we are in May already. I have already been at the school for over a quarter of the year and I must say that I am really enjoying my time at Lathlain Primary School.

### Parking

Two disabled parks are available near the Kindy entrance Keyes Street (these are marked as authorised parking only) and two in the Administration carpark. These are for people with ACROD passes only and are not for general parking.

Parents are reminded to not park in the Administration carpark for school drop off and pick up unless they require the disabled carparks. This is becoming a safety issue at these very busy times.

I also remind everyone to observe signage on the roads around the street when parking, as I understand the Town of Victoria Park has already sent rangers around.

### Students Arriving Early

Over the past couple of weeks, I have noticed that students are coming to school earlier than normal. Students should not be arriving at school before 8:15am. Student arriving before classrooms open at 8:40am must be sitting on the benches outside their classroom or in the designated areas for students in transportable classrooms.

### NAPLAN 2021

Our Year 3 and Year 5 students will be undertaking NAPLAN testing during the next two weeks. I remind students in these year levels to be on time to school to avoid disruption to the testing process.

Students need to remember that these are just one of many assessments they will do throughout the year and do not need to put extra pressure on themselves. All tests, apart from the Year 3 Writing, are completed online.

### Reading at Home

I encourage every child to become a home reader. They will either bring a class reading book or a library book home and are expected to undertake reading Monday to Thursday. Students should be reading for both learning and enjoyment, and the establishment of regular reading patterns allows them to develop stronger reading abilities.

Parents are asked to take 5-10 minutes out of what I know is everyone's busy lives to listen to your child read. I encourage you to ask your child some questions about what they have read to you, to assist them to build their ability to understand what they are reading.

### IMPORTANT DATES

#### Week 4

NAPLAN Testing Tues - Fri

#### Week 5

NAPLAN catch up Testing

#### Thursday 20 May

GRIP Leadership Exc (Year 6)

**Fathering Project Dad's Event**

#### Friday 21 May

**Newsletter, Rm 2**

### WEEKLY

#### Uniform Shop OPENING:

Monday 8:15-8:45am

Friday 2:45-3:15pm

#### Canteen OPEN Tues & Fri

Place orders via QuickCliq by 8:30am on the day.



Pack a waste free lunch each Wednesday

The school accepts batteries and Nescafe pods for recycling



A container collection point is located between Room 17 and the undercover area.



School communication app



Download Seesaw and set up a FAMILY login using the QR code

## Parent Workshop on Anxiety

Later this term we are hoping to facilitate a parent workshop that covers the topic of childhood anxiety. This seems to be a growing concern in our younger generation and one we as parents sometimes struggle to understand. It is hoped that this session will not just provide information but give parents some practical approaches they can try to assist their child to become less anxious. More information on this session will be shared very soon.

Please have a safe and enjoyable fortnight until our next newsletter. Remember if you have any questions we are here to assist however we can.

Kind Regards,

Rick Walters  
Principal

## CREATE ROUTINES TO STOP ARRIVING LATE

**Sometimes it's hard to be on time but creating routines can help...**

10 minutes late isn't really that much,  
but a student who is only  
**10 minutes late every day**  
will miss more than  
**30 hours**  
of school time in a year.

Some suggestions to reduce stress in the morning:

- 1) *Pack backpacks the night before* - put in the homework, notes and anything else that's needed before bed.
- 2) *Have a lunchbox 'spot'* - this is where kids pick up their lunchboxes in the morning and put in their backpack.
- 3) *Lay clothes out before they go to bed* - have your child find their shoes, hat and jumper so that you don't have a 'last minute rush'.
- 4) *Set up a 'last stop' area* - the best spot is often near the door where you head out in the morning.
- 5) *If all else fails, wake up earlier* - not the most enjoyable solution but sometimes these measures are needed.

## Kindy students arriving late

The Kindy gate is locked at 9am each morning. When Kindy students arrive after 9am please enter the school via the Front Office, see office staff to receive a late pass.

## UNIFORM SHOP

### LONG SLEEVE POLO SHIRTS

Long Sleeve Polo Shirts that were ordered at the end of 2020, and also those orders placed March/April this year have all been delivered to the classrooms this week. If you missed out on placing an order and would still like a long sleeve polo the shop has a few available for sale, in sizes 4 and 8.

**Uniform Shop Open**

**Monday: 8:15am – 8:45am**

**Friday: 2:45pm – 3:15pm**

Thanks,  
Uniform Shop Coordinators

## BUZZED INCURSION

Room 14, 15 and 16 attended the Buzz Ed Incursion Thursday 6 May. Students learnt about the importance of bees and how beehives work they also took part in several hands-on activities.

If any families would like to purchase honey from Luke of Buzz Ed please contact Buzz Ed; the honey can be delivered to the school office for collection.

## Support Local Beekeepers



My business **Buzz Ed Australia** sells Raw Honey and presents Bee Incursions, educating students about the importance of bees. In 2020 I proudly won the Beazley Medal: VET. My goal is to promote bees and the VET pathway to students.

I am also registered with the Department of Agriculture and have a registered Food Business.

### WHY RAW HONEY?

Raw honey is honey that hasn't been heated or pasteurised, and it contains natural vitamins, enzymes, powerful antioxidants, and other important nutrients. Raw honey has anti-bacterial, anti-viral, and anti-fungal properties and promotes digestive health. Raw, local honey also contains a blend of local pollen, which can strengthen a person's immune system and reduce pollen allergy symptoms.

### Buzz Ed & Luke's Bees Raw Honey:

500g jar for \$12

Online Payments:

bsb 302162  
acc 1508752  
Bankwest

Luke de Laeter: Beekeeper

Buzz Ed Australia  
Beazley Medal: VET 2020  
Winner of the Australian Meeting of Young Beekeepers 2020  
[www.buzzedaustralia.com](http://www.buzzedaustralia.com)



## 2021 SUMMER CARNIVAL

The Summer Carnival took place in Term 1, Wednesday 24 March. Students had been training from the very start of the year with many Year 5 and 6 students competing in their very first Summer Carnival. Students competed in the sports of cricket, tee-ball, volleyball and newcombe.

The Volleyball team consisted of Year 5 and 6 students with Coach Mrs Ostermeyer. The team displayed a great level of maturity, patience and teamwork winning half of their matches for the day. The team finished fifth overall in placings.

Newcombe showed a great level of consistency throughout the day winning eight of the 10 games and narrowly coming second. The newcombe team consisted of Year 5 students only and it was their first interaction at the annual Summer Carnival. Coach Mrs Dellaposta was very pleased with the teamwork, sportsmanship and resilience shown by all participating students.

Tee-ball consisted of Year 6 students only and the expertise of Coach Mr Vuckovic. Tee-ball started out very strong with some early wins in their first few games but came across some very challenging and skilled teams at the end. The team won three of their five games and finished third overall. Mr Vuckovic was especially pleased with the team's willingness to rotate positions, work together and show resilience for the whole entire day.

The Boys' Cricket had a great start to the day by winning emphatically against Millen and Kensington Green. Their third match of the day became a nail biter against Kensington Gold with the team losing to the eventual winners by 15 runs. The team went on to win their last few games showing great character, persistence and a never give up attitude. Boys' cricket won four of their five games and finished second for the day. Mr Morrison was impressed with the student's determination, sportsmanship, and organisation throughout the day.

The Year 6 girls' cricket team were fresh off an unbeaten record from last year and were determined to continue their undefeated streak. The team faced some very talented opposition and some tight finishes towards the end of the day. The girls ended up winning four out of five games and finishing second for the day.

Lathlain overall finished second for the day behind the winner Kensington Primary.

A big thank you to the parents, carers and family members who came to show their support for the day! A massive thank you also goes to Mrs Ostermeyer, Mrs Della Posta, Mr Kendrew and Mr Vuckovic and Ms Hebbard for your help in coaching the teams and the preparation for the day.

Mr Morrison  
Sport Specialist



## HONOUR CERTIFICATES

### Senior Assembly - Tuesday 4 May

Virtue: Kindness	Student of Month	Honour Certificates	
Room 11	Amelie H	Gede A	
Room 12	Indianna N	Lexi B	Samuel M Patrick D
Room 13	Emily S	Teddy B	Poppy W Jack C
Room 14	Olivia T	Beau W	Sarah M Eva D
Room 15		Xavier S	Arthur L Sophie W
Room 16	Declan S	Jacob D	Ji RL Aira U
Room 17	Aisha N	Ruby S	Joshua S Jonathan F
Room 18	Adira W	Cash A	Jaxson H Ansh T
Room 19	Ayla SV	Clarissa T	Zayd D Josephine G
Room 20	Amelie S	Juliette S	Eamon D Amelie K

## P&C NEWS AND EVENTS

### Entertainment Book Mother's Day deal

Give mum the VIP treatment with Entertainment  . Packed with thousands of valuable offers across dining, retail, attractions and travel, an Entertainment Membership is the gift she can enjoy all year round. She will also receive a \$20 eGift Card Bonus. Buy today & she will have three months to activate her membership <https://www.entertainment.com.au/orderbooks/8735j1>. We think Mum will love it even more for supporting Lathlain Primary School P&C knowing it helps a good cause.

### Jolly Soles Fundraiser

We'll be launching a sock sale fundraiser in the next couple of weeks just in time for winter. As Dumbledore says, "One can never have enough socks. Another Christmas has come and done and I didn't get a single pair." (J.K Rowling) We will be using Jolly Soles <https://jollysoles.com.au/>



### Fathering Project Dads Event



Lathlain Fathering Project  
**Dad's Lawn Bowls**

A "DADS ONLY" EVENT TO CATCH UP WITH OTHER DADS OVER BOWLS AND BEERS. \$15 A HEAD. ALL FATHERS AND FATHER FIGURES ARE INVITED TO JOIN

VICTORIA PARK AND CARLISLE BOWLS CLUB  
THURSDAY MAY 13TH 7PM  
RSVP CIRSTEN 0433 347 625

### Mother's Day Stall

With Covid restrictions we unfortunately had to postpone the Mother's Day breakfast. Instead we'll be having a Your Move Walk to School breakfast to celebrate the offical Walk to School Day. Further details on the day and time to come.

It was so delightful to see all our kids come along to the Mother's Day stall and work out what they could buy their mum or mother figure - aths in action! Thank you to coordinator Kat Braley and all the volunteers who were full of enthusiasm and encouragement for the children.



Any questions about anything P&C, contact me at [President@lathlainps.org.au](mailto:President@lathlainps.org.au)

Jenny Beer  
President  
Lathlain Primary P&C

# LATHLAIN CANTEEN MENU FAVOURITES

WE'D LIKE TO TELL YOU A BIT MORE ABOUT SOME  
OF OUR BEST SELLING MENU ITEMS

## Butter Chicken

Our best selling Butter Chicken is cooked from scratch in the canteen every Friday morning. It is a delicious mild dish that is a firm favourite with all our students.



Served with rice, in a 350g cardboard bowl & lid, the butter chicken is kept warm until the minute it is packed in lunch bags ready for a yummy lunchtime fill.

As well as fresh chicken breast, our Butter Chicken is made with onions, carrots, red capsicum, tomatoes, mild spices and coconut milk.

We've sent out over 1000 butter chicken lunch orders so it must be good! ;)

## Sushi Bowls

Our brand new Sushi Bowls have taken off with a bang. Super popular already, they have proved to be a big hit with the teachers & older Lathlain students.

Made fresh every Tuesday morning, we marinade and then cook our chicken in a delicious teriyaki sauce. We then chill it and serve it in a bowl with freshly cooked sushi rice, diced cucumber and some extra yummy kewpie mayonnaise. Of course, plenty of students request no mayo, and that's fine too.

This has been a great lunch during the summer months, and as the weather cools we will look at turning this into a warm dish.



## Nachos

It was hard to imagine how popular our nachos were going to be when we put them on the menu. Vegetarian and filled with beans and other veggies, we had no idea what a big following they would get so quickly. In fact when we took them off the menu for one term we quickly realised what a big mistake we had made!



Our nachos are cooked fresh every Friday morning with onions, red & green capsicums, black beans, tomatoes & spices. They taste amazing and are filled with flavour.

Served in a bowl on top of corn chips and topped with cheese and sour cream they really are the best vego meal in Lathlain.



## Mac & Cheese.

Who doesn't love a warm, creamy, cheesy Mac & cheese on a Winter's day? We know Lathlain kids certainly do.

We make our Mac & Cheese fresh every Tuesday & Thursday, using our new Thermomix! Made with milk, cheese & (secret) cauliflower, there is never any left overs as it's also a favourite with all the canteen volunteers.

Like our Butter chicken, the Mac & Cheese is kept warm right up until we pack the lunch bags and is served in a generous 350gm cardboard container.

## How do we keep our meals fresh and warm?

We pride ourselves on our delicious home made lunches, so of course we want to make sure students receive their lunches as fresh and warm as possible.

Last year we introduced a new distribution method so we can keep our hot food warm, and our cold food and drink, cold!

While we are preparing meals in the canteen we store all cold meals in the fridge, and take care to keep our warm meals in the oven or on warming plates. We pack meals into lunch bags as close to lunchtime as possible and then we pop them in these fantastic insulated bags to go to classrooms.



The bigger blue bags are for our hot meals, and cold drinks go into the striped bags. The bags are then collected by a student from each classroom 5 minutes before lunchtime.

This new system is working really well, and we love knowing that lunch is getting to all our students fresh and tasty.

# What's Happening in Room 11

## Our Start of the Day

We always begin our day with some fitness routine that includes Yoga or Brain Gym Exercises and Mindful Breathing. This definitely helps us get ready for our day of learning and concentrate better. It is also an energising and a calming tool.



## Maths Hands on Activities

In our class we enjoy maths lessons as we do lots of hands on fun activities in our small groups. This makes us learn so easily and quickly!

